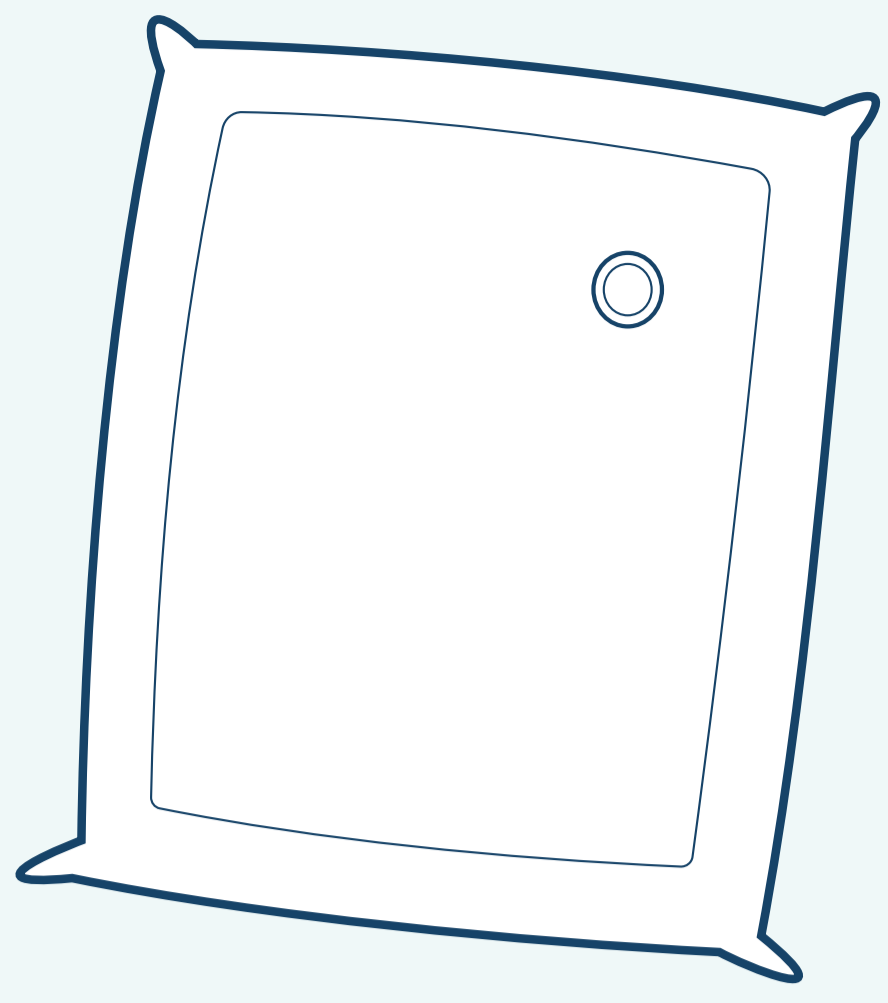
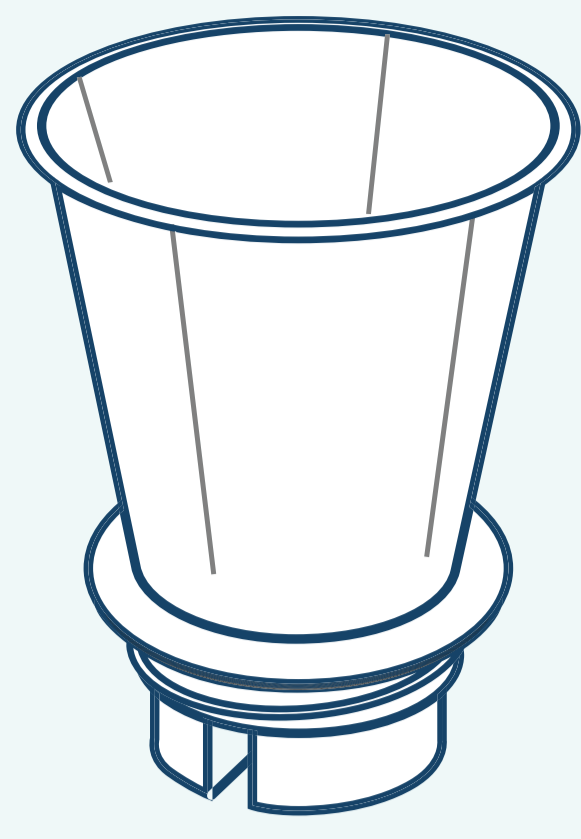


# HOW TO FILL YOUR CHIROFLOW WATER PILLOW:

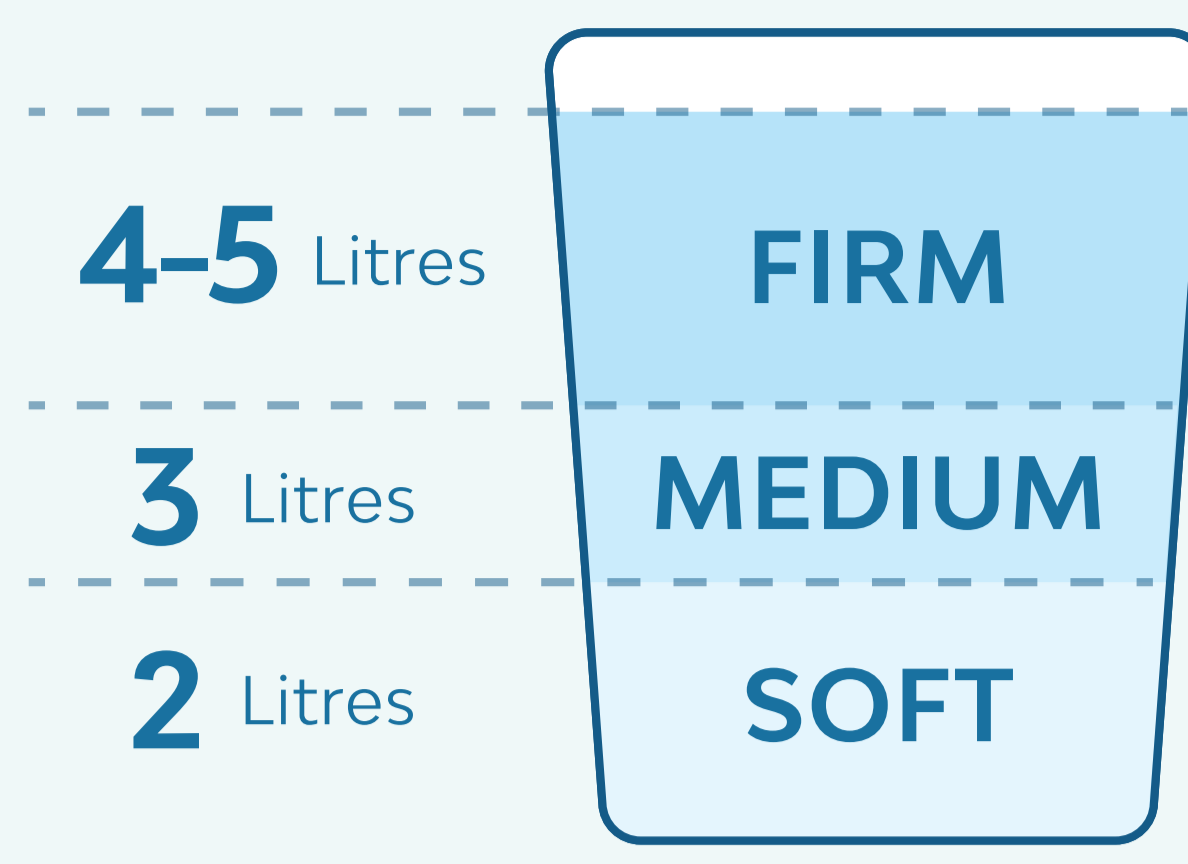
## PREPARATIONS



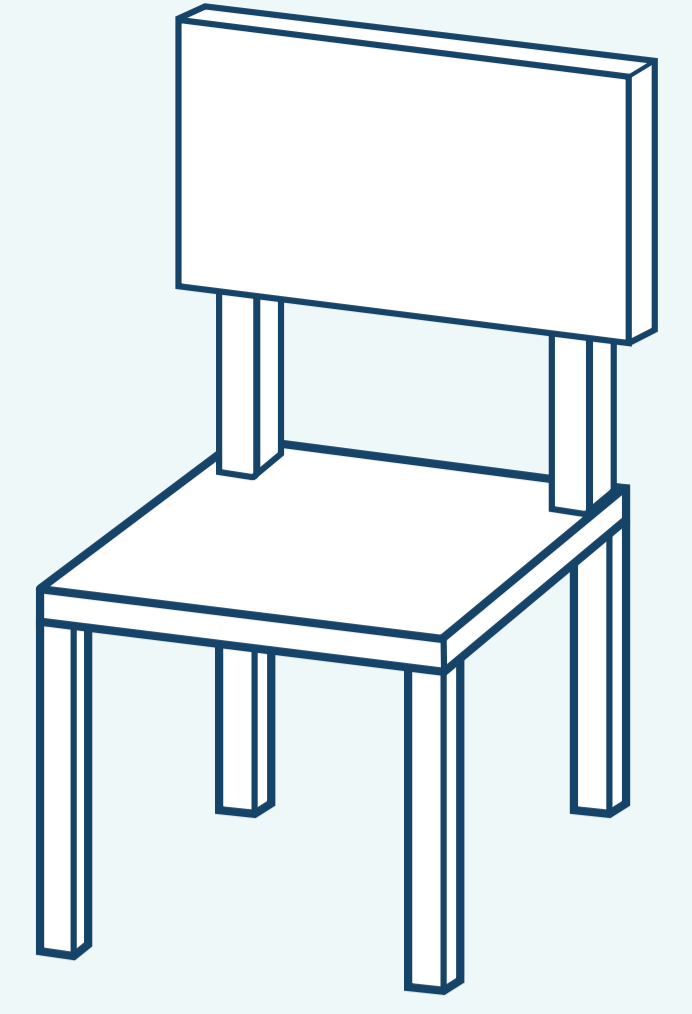
YOUR CHIROFLOW WATER PILLOW



FUNNEL / WRENCH TOOL



① ②  
YOUR CHOSEN AMOUNT OF WATER

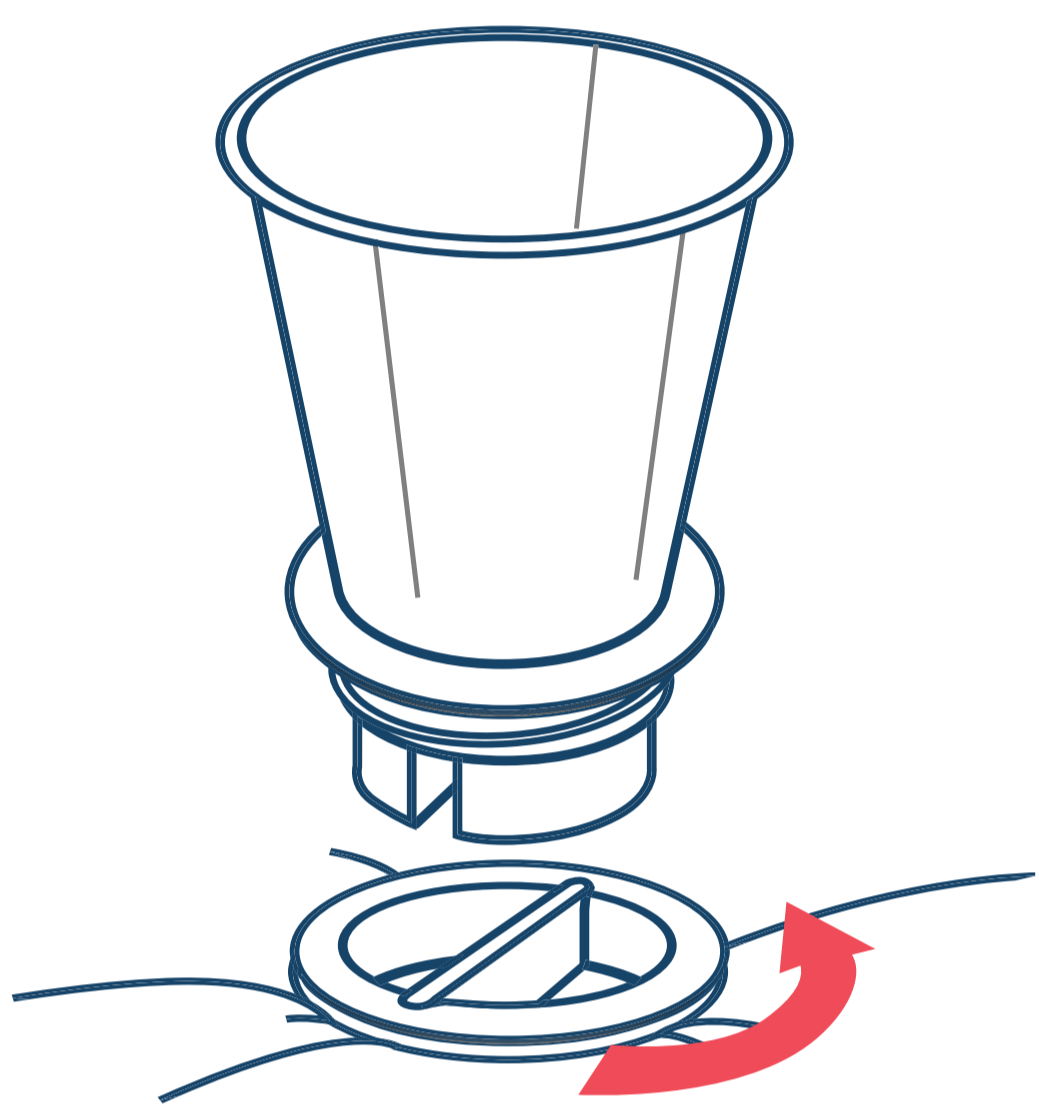


STABLE UPRIGHT SUPPORT

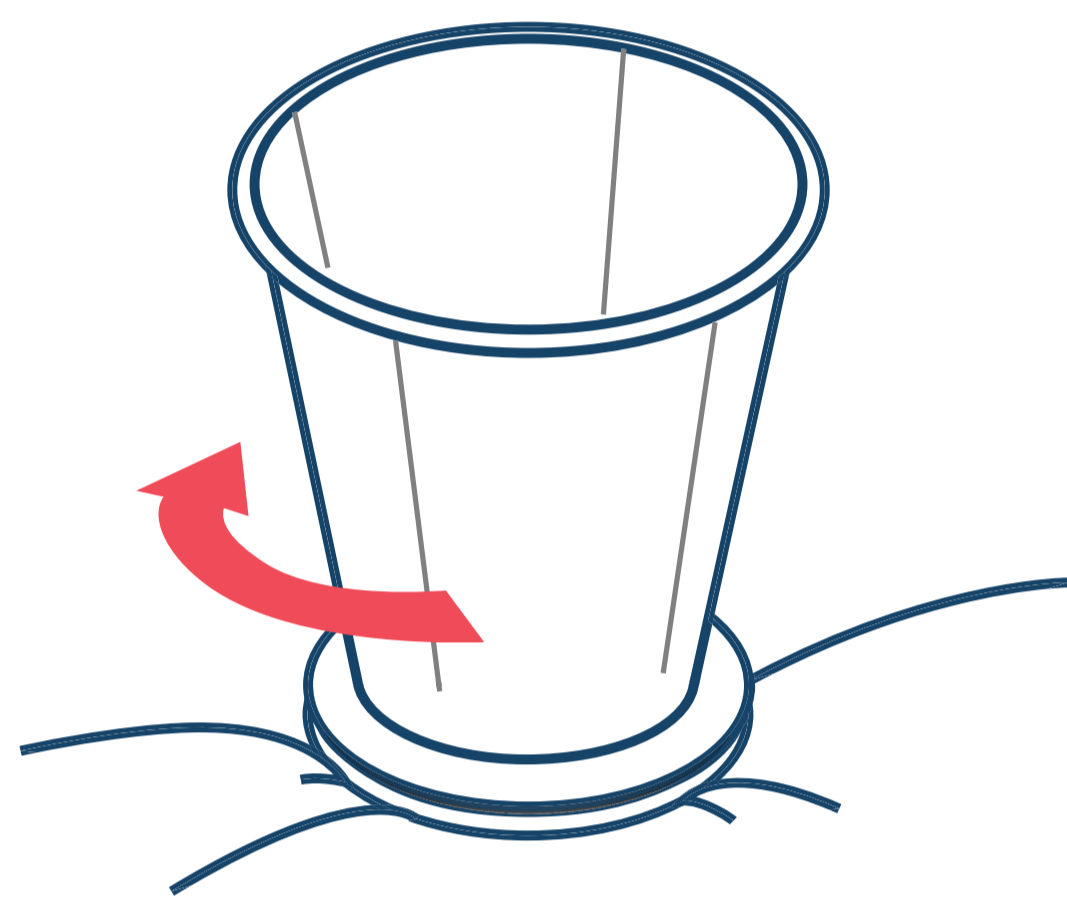
## VERY IMPORTANT

- ① Use cold or lukewarm tap water. Do not exceed 100°F or 38°C.
- ② Max capacity: 5.5 litres.
- ③ If the pillow exterior gets wet, do not use until the pillow is completely dry. Usage of a wet/damp pillow can lead to a buildup of mildew/mold.

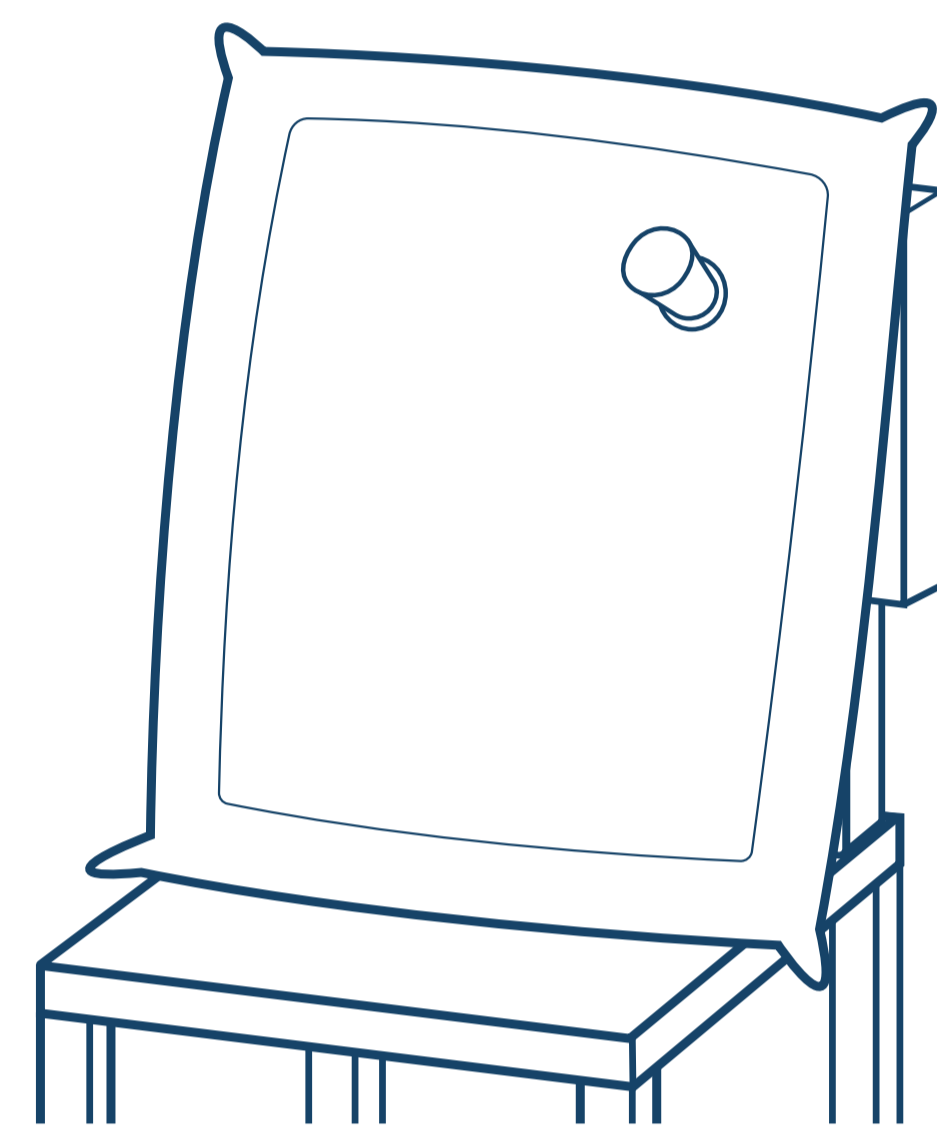
## 1 ADD WATER



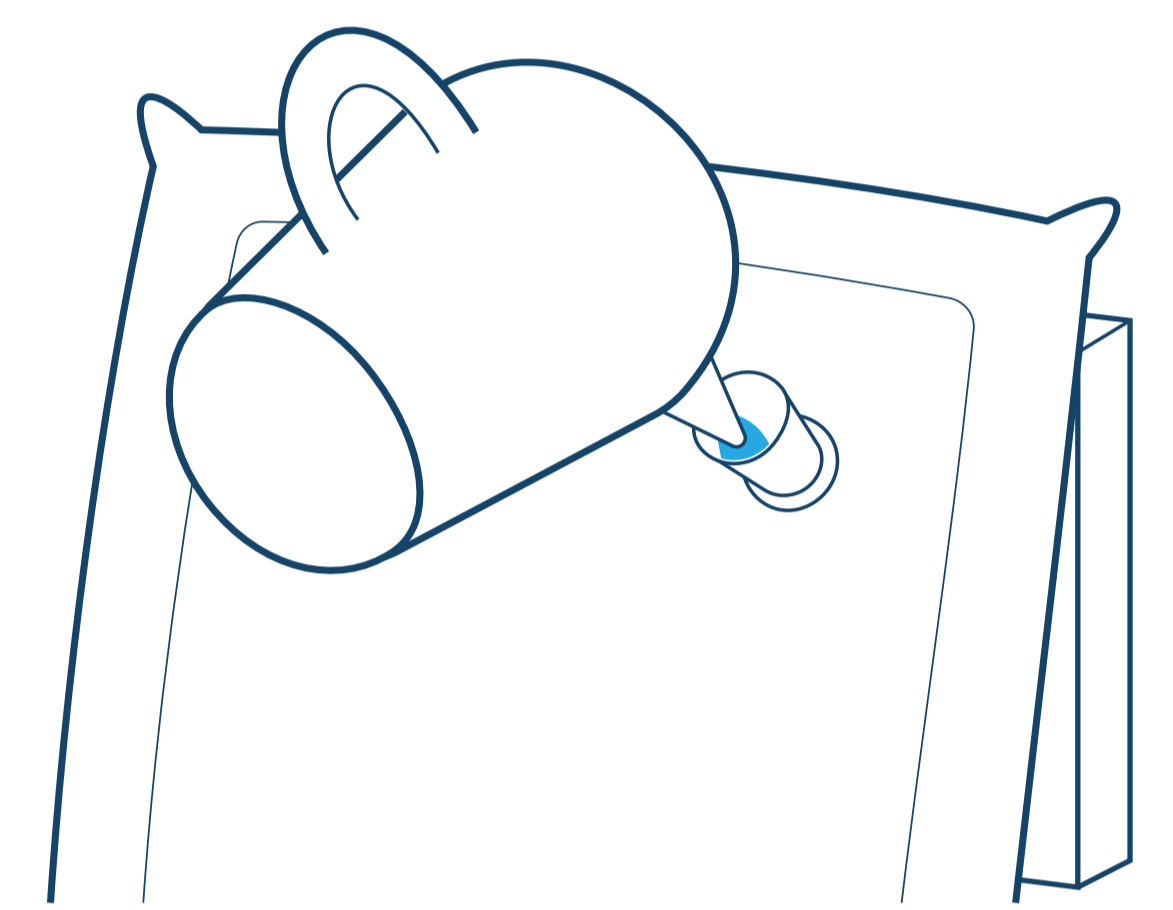
REMOVE THE CAP



SCREW THE FUNNEL BACK ONTO THE PILLOW

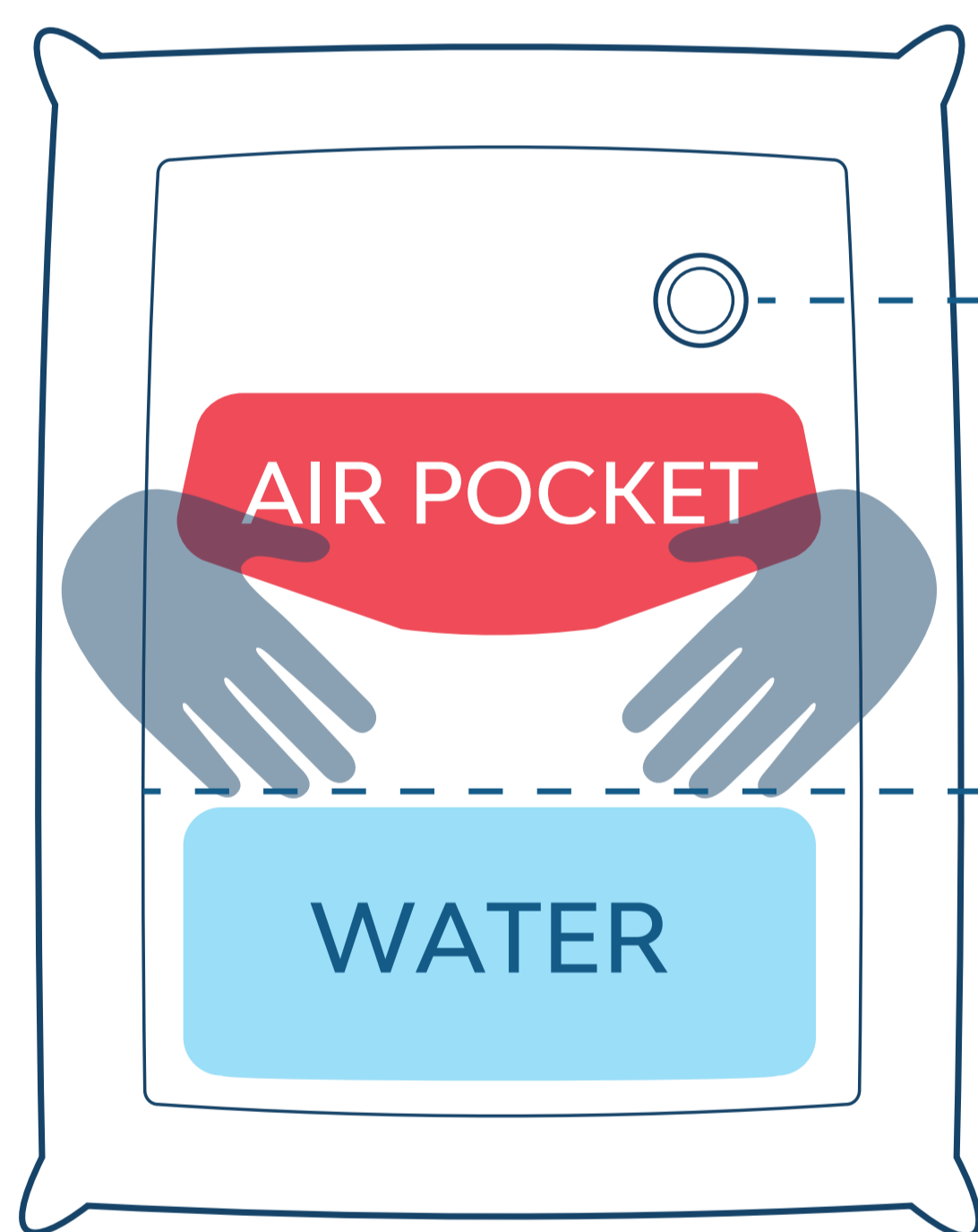


PLACE YOUR PILLOW UPRIGHT AND STEADY



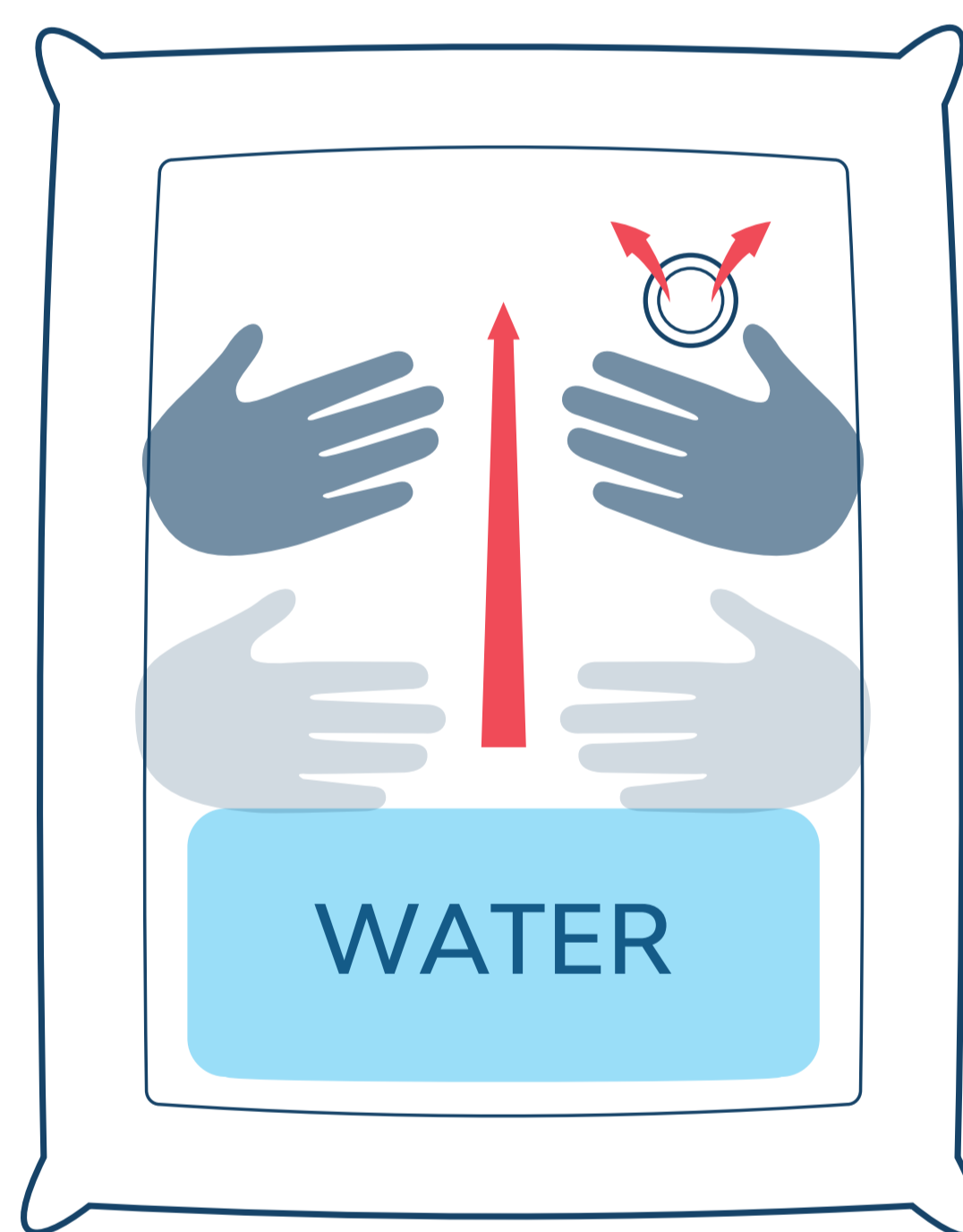
③  
FILL CHOSEN AMOUNT OF WATER THROUGH FUNNEL

## 2 REMOVE AIR TO PREVENT SLOSHING



REMOVE FUNNEL

FIND THE WATER LEVEL USING FINGERS

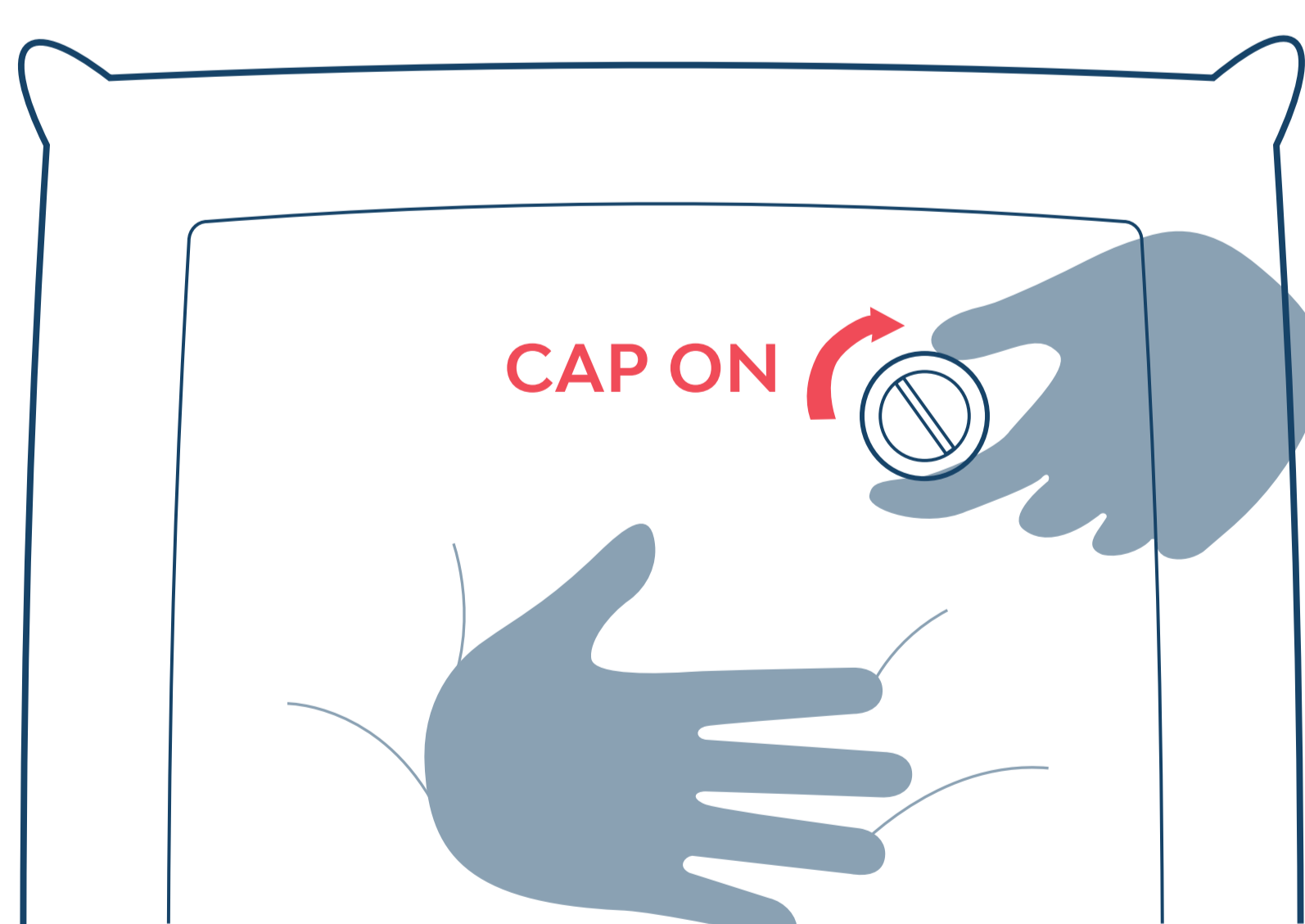


GENTLY FLATTEN THE WATER BAG ABOVE THE WATER LEVEL

IN A SWEEPING MOTION, PUSH THE AIR OUT THROUGH THE SPOUT

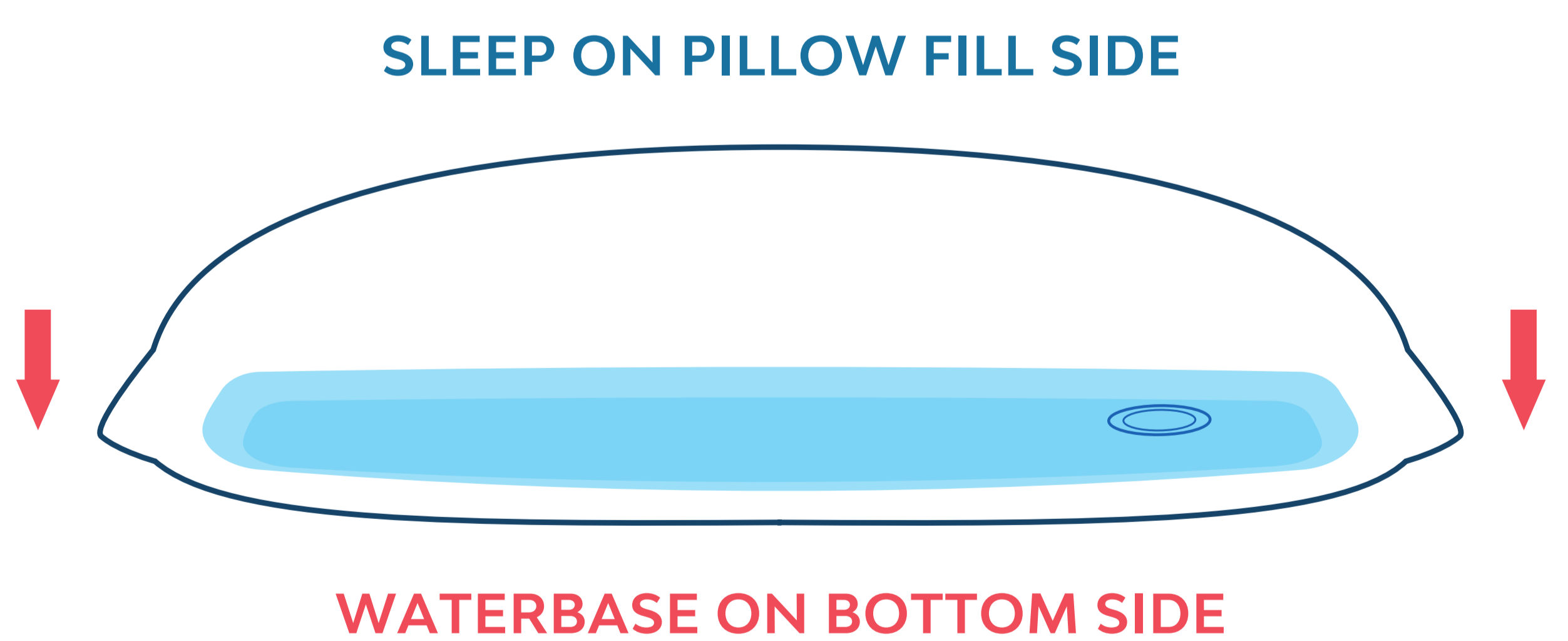
REPEAT UNTIL ALL AIR IS REMOVED

## 3 READY FOR USE



CAP ON

TIGHTEN CAP USING THE FUNNEL/WRENCH  
CONTINUE APPLYING PRESSURE WITH ONE HAND UNTIL THE CAP IS SECURELY REATTACHED



SLEEP ON PILLOW FILL SIDE

WATERBASE ON BOTTOM SIDE

READY FOR A GOOD NIGHT'S SLEEP

**Warning from the FDA and the CPSC: Never put pillows under a baby or in a crib.**

## CARE INSTRUCTIONS

① Change water in pillow once a year.

! Empty water from pillow before washing. Keep the cap on during the wash.

Hand wash only.

☐ Hang to dry.

☒ Do not iron.

☒ Do not dry clean.

☒ Do not bleach.